

Summer 2017

The Student Health Center welcomes you to WLC! We look forward to meeting and serving you upon your arrival in August. Before you arrive, there are things you need to know and information you are **required** to provide. We ask for your prompt attention in completing these tasks. Please look over this packet carefully, consult with your parents, and contact me directly with any questions.

As a new WLC student, you are required to provide a **Health History**, your **Immunization Record**, and your **Personal Health Insurance Information**. You also need to provide the results of a recent **Physical Exam** if you are a student-athlete **or** you have a chronic medical condition. **All the necessary forms must be on file in the Student Health Center by August 1.** Failure to supply the required information can result in restrictions from campus activities or residency. Please mail the appropriate forms to:

**Student Health Center
Wisconsin Lutheran College
8800 W. Bluemound Road
Milwaukee WI 53226**

HEALTH HISTORY FORM: This form provides information that is kept in your confidential health file in the Student Health Center. This file will be accessed when you seek services here and in emergencies. This file informs our medical staff of a baseline of care for you.

IMMUNIZATION RECORD: All students must provide a record and sign the WLC Immunization Record. **Required** immunizations are listed on the *left side* of the form and include Measles, Mumps, and Rubella; Diphtheria, Tetanus, and Pertussis in some form with a Tetanus no more than 10 years old; and Varicella vaccination or date of Chicken Pox disease. A negative TB skin test is required **only** for those who have lived abroad prior to arriving on campus. Several vaccines are **recommended** on the *right side* of the form and should only be documented if received. Please review the enclosed information enclosed Hepatitis and Meningitis.

PERSONAL HEALTH INSURANCE FORM: Students must provide the Student Health Center with contact information for their health insurance, as well as a copy of their insurance card. This information will be used in the case of an emergency or when services are being ordered that are outside the scope of practice on campus.

MEDICAL/ORTHO PHYSICAL EXAM FORM: A record of a recent physical exam is *encouraged* for all students, but is only **required** for **student-athletes** and **individuals who have a chronic condition** listed on their Health History Form. This Physical Exam Form is kept in your confidential health file. A physical must have been performed within the 12 months prior to your arrival and have been completed by an M.D. *Your doctor's Physical Exam Record satisfies WLC requirements.*

FOR STUDENT-ATHLETES: If you will be a student-athlete at WLC, you will **also** need to access the online **Athletic Trainer System** to comply with Athletic Department and team expectations. **You still must submit the enclosed paper forms to the Student Health Center by August 1.** Online system: <http://www.wlcsports.com/athletics/sportsmedicine/atportalinstructions>

Wisconsin Lutheran College is committed to promoting good health to ensure our students' academic success. We have a doctor, counselor, or nurse on campus every weekday. Many services are available from simple over-the-counter medications to injury and illness assessments, physicals, travel screenings, lab work, TB tests, and most vaccinations. When you access care on campus, you pay nothing. We are your primary care center when school is in session.

While the Student Health Center is a great resource and can handle many health concerns, having access to more care is essential. Emergencies arise, and health concerns can escalate requiring more urgent care or diagnostics. We encourage you to look over your personal health insurance policy to verify that you are eligible for benefits and that there are providers near WLC that accept your insurance coverage. It is also helpful to understand your deductible levels and care concerns such as preauthorization requirements.

Thank you for your attention to these matters. Enjoy the rest of your summer, and I will see you in August!

Sincerely,

Nathan J. Strobel
Vice President of Student Life
414.443.8825