

July 29, 2019

Dear WLC Student and Parent(s)/Guardian(s),

I want to take this opportunity to share with you some of the exciting things that have changed in Health Services for the 2019-2020 academic year!

To begin, I am a proud alumna and am honored to be back on the WLC campus serving as Director of Health Services. I am excited to learn, dedicated to collaborating with students and faculty/staff, and committed to meeting the needs of our students.

College can present some of the most rewarding and challenging times in an individual's life. To better meet the growing number and diverse needs of our student population, and to expand services and programming, WLC has created a partnership with Christian Family Solutions (WLCFS). Counseling is a key service, and a limited number of sessions will be provided at no cost to our traditional undergraduate students. Please see the back of this letter for more information about the partnership, or learn more online at wlc.edu/health.

Other program/service opportunities and enhancements via this partnership with Christian Family Solutions include the following (the list below is not meant to serve as an exhaustive or prioritized list):

- Access to multiple licensed counselors on campus and counselors with specific areas of expertise,
- 24/7 crisis/emergency hotline,
- A streamlined, user-friendly referral process (e.g. text, online link),
- Potential for Intensive Outpatient Program (IOP),
- Access to psychiatric care and other specialized counseling needs, and
- Access and support from specialized counselors via telephone and/or secure video assistance.

Please continue to watch for more information about this partnership with Christian Family Solutions and how the WLC Health Center can support you throughout your college career.

I am excited to see you in August!

Sincerely,

Jackie Kacmarynski

Director of Health Services



COUNSELING SERVICES

Counseling Services for WLC Students

on-site at WLC • Brookfield or Germantown clinics • secure video connection

Christian Counseling Services

Going to college involves many changes. There are times when it might be beneficial to talk with someone about the challenges of navigating those changes, college, or life in general.

Wisconsin Lutheran College partners with Christian Family Solutions in providing an on-campus counseling center. Christian Family Solutions provides a wide range of counseling services. All of the mental health professionals serving WLC students are licensed by the state of Wisconsin.

Cost of Services

An initial, short-term set of personal counseling sessions (which are generally 45 minutes in length) are provided at no cost to students. If longer-term services are needed, there are several options to pay for continued services with your counselor. Learn more at www.wlc.edu/health-services.

Making an Appointment

Appointments with Christian Family Solutions counselors can be requested in the following ways:

- Online at www.wlcfs.org/content/1/746/wlc.aspx
- Text WLCHelp to 484848

Meeting Location Options

- On-campus counseling center: Student Health Center at 529 N. 89th Street
- Christian Family Solutions Brookfield clinic: 16535 W. Bluemound Road
- Christian Family Solutions Germantown clinic: W175 N11120 Stonewood Drive
- Online through a secure video platform

Crisis call service is available 24/7 by calling 800.438.1772, option #1.

